



**NORTHERN  
PENNSYLVANIA  
REGIONAL COLLEGE**

***Health Examination Form for Admission to the Nurse Aide Training Program***

**TOP PORTION TO BE COMPLETED AND REVIEWED BY THE STUDENT (please print):**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ Phone Number: \_\_\_\_\_

**BOTTOM PORTION TO BE COMPLETED AT PHYSICIAN'S OFFICE/MEDICAL CLINIC**

**Student Eligibility Requirements for Nurse Aide Training**

***Note to healthcare professional performing physical assessment:***

- The student must pass a physical examination and must be free of communicable diseases.
- The student must have completed the 2-step PPD test prior to the first day of class or bring the IGRA blood test results.
- Training in transferring, positioning, and the turning of clients is an important part of the training program. Therefore, each student must have the physical ability to succeed in such training.
- The student must be able to lift 40 pounds to waist level without restrictions.
- Direct any questions to Nurse Aide Training at 1-814-596-2951.

**To be completed by an MD, DO, CRNP, or PA:**

Yes \_\_\_ No \_\_\_ I certify the student is free from communicable diseases in the communicable state.

Yes \_\_\_ No \_\_\_ I certify the student has no medical conditions or restrictions which will prevent the student from performing the essential functions of a nurse aide. If the student has restrictions that require accommodations, please note them in the comments section below.

Yes \_\_\_ No \_\_\_ Can the student fulfill all the physical requirements of the program including full use of hands, ability to stand for extensive periods, bend, pull, push, and lift a minimum of 40 pounds without restriction?

Comments: If applicant has any limitations, please explain: \_\_\_\_\_

Date of Examination: \_\_\_\_\_

Examiner's Name and Title: \_\_\_\_\_

Examiner's Signature: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Phone: \_\_\_\_\_

**PLEASE NOTE:** All students must undergo a physical examination as well as a 2-step Tuberculin test (PPD) or IGRA blood test. Documentation is only acceptable if performed within one year prior to the start of class and must be submitted on the first day of class. A PPD expiring during the class will require an annual PPD (one step) in addition to proof of the 2-step PPD.

TB form attached.